

Lilly Pilly Muffins- Recipe – makes 12

Ingredients:

- 1 and 3/4 cups S.R. Flour
- ½ cup rolled oats
- ½ cup caster sugar
- ½ teaspoon each of ground cinnamon and ginger
- ½ cup olive oil
- ½ cup milk
- 1 egg
- 1 cup of washed and de-seeded Lilly Pillies

Method:

1. Pre-heat oven to 200 degrees celcius
2. Sift flour and spices and mix first 4 ingredients in a large bowl.
3. Combine oil, milk and egg in a separate container and then add to dry ingredients. Stir until just combined.
4. Add Lilly Pillies and fold through mixture.
5. Place large spoonfuls of mixture into patty cases and bake in hot oven for 15 to 20 minutes.