

# Stuarts Point Public School



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## NSW HEALTHY SCHOOL CANTEEN STRATEGY



**Purpose:** To educate our students and thus the wider community about healthy food choices and physical activity. The canteen can model healthier food choices that are tasty, interesting and affordable.

**Date:** March 2010

### Aims:

- To encourage the development of good eating habits consistent with the Australian Dietary Guidelines for Children and Adolescents
- To provide a variety of food and drinks recommended by the NSW School Canteen Association and in line with the NSW Government's Fresh Tastes @ School Canteen Menu Planner.
- To provide students with practical learning experiences about making healthy food choices that reinforce classroom teaching on nutrition and physical activity.
- To involve students and parents in decision making.
- To demonstrate high standards of food safety and hygiene in relation to the preparation, storage and serving of food at the canteen consistent with the national Food Safety Standard.
- To provide a financial contribution towards resources for all students in the school.
- To provide students with the opportunity to enjoy a canteen experience similar to larger schools.
- To develop an appreciation of the social, ethnic, cultural and nutritional aspects of foods.

### Implementation:

- The Stuarts Point P&C will manage the school canteen.
- The canteen committee will be responsible for operating the canteen in accordance with this policy and its supporting documents.
- The P&C must approve all canteen capital purchases exceeding \$500 by a majority vote.
- The Canteen Committee shall present a report to the annual general meeting of the Stuarts Point P&C.
- The P&C body shall have the right to reorganise, disband or close the committee. Such decisions are to be supported by majority vote at a general or special meeting. The school community must be given at least seven days notice in writing.
- A current copy of this policy and supporting documents will be in the P&C area.
- A copy of the current canteen policy will be given to all canteen committee members.

### Evaluation:

- In consultation with parents and students the healthy canteen policy will be reviewed in line with cyclic management to ensure that it is being used to enhance student healthy eating practices.

### Policy:

*Fresh Tastes NSW Healthy School Canteen Strategy,*  
NSW Dept Health and NSW Department of Education and Training 2004